

# REDEFINING 2020

October 30th - November 1st  
"Reset Before the Other Shoe Drops"



## ITINERARY

### OCTOBER 30TH

Buffet Welcome Ceremony  
Outdoor Meditation  
Evening Mile-high Private Balloon Flight



### OCTOBER 31ST

Breath work Sessions Sat & Sun  
Youthing with Ancient Face+Body Skin Renewal Technique &  
The Art of Body Brushing to Enhance Organ Health  
Expressive Guided Paint on Canvas  
Ancient Crystal Energy Healing  
Celebration of the Taurus Full Moon

### NOVEMBER 1ST

Conscious creator formula handing down for  
manifestation to reset 2020 and beyond  
Learn to create an active altar and set high  
vibrational sacred spaces wherever you go  
Closing Ceremony

~ ALL INCLUSIVE ~  
\$1100 limited seating

# EXPANDED ITINERARY

Join Gina Almgren and Eva Vennari For Releasing, Redefining and Shifting your  
**Consciousness to Redefine your 2020**

Amidst the high hilltops of **Rancho Santa Fe San Diego** sits a luxurious private home above the clouds; your home away from home for full three days of self discovery and sheer enjoyment.

## October 30th:

Enjoy a **buffet of local farm fresh produce** as you settle into the late morning. Feel free to relax at the community's pool and waterfall amenities or choose your favorite lounge chair **on the patio overlooking the valley and ocean**. A delicious healthy lunch will be served while we kick off the weekend with a **welcome ceremony**. After orientation we'll participate in an **outdoor meditation** to begin focusing on the energies we'll be taking into process over the next three days. We'll then be off for a **mile high private balloon flight** into a full moon lit sky. **Champagne, chocolates, cheese** and more will accompany your experience. After a soft landing and finger foods, the rest of the evening is yours to enjoy the grounds and a few special **surprise holiday activities** we have created for you.

## October 31st:

Your first morning begins with **gentle movement and breath work**. After a wonderful breakfast, we will start the body beautiful portion of your weekend. With **beauty secrets from over 6000 years ago**, you will work with an ancient facial mask formula and learn a massage technique designed to enhance your skins appearance and bring healing to your body's internal organs. This is an ancient practice that you can add to your daily routine to **maximize a youthful look and maintain internal health**. You'll also work with a custom set of high vibrational all natural skin care products formulated specifically for your face. **A gift to take home from the weekend for continued use**. The ancient art of **Skin Brushing** will also be shared with you. **With a specially selected body brush** you'll be taught to naturally exfoliate your skin, improve your circulation and cardiovascular function, reduce cellulite and repair connective tissue to remove joint and muscle pain, boost your immunity, create a softer look and more.

A filling lunch leads into an **expressive guided painting process**. On your scenic patio, create with color, release the next layer of 2020 and bring in your new 2020. After a **sunset dinner** you'll be treated to **music of the Andes** while receiving an **ancient crystal energy healing session** to increase your empowerment, healing and abundance. After which, we will continue to celebrate the **Full Moon** while working with the energies of Taurus and the element of earth. In this ancient ceremony we will **reframe any matters with finances and reshape your 2020**. Things begun now last the longest, tend to increase in value, and solid change happens. **This is a time for manifestation** and magicks dealing with stamina and persistence. Perfect for the Conscious Creator you will be stepping in to. Light embellishments will flow into a restful evening.

## November 1st:

**Gentle movement and breath work** begins our last day together. Breakfast takes us into the process of being a Conscious Creator. Learn **the ancient formula for manifestation** and have the ability to reboot your 2020. Moving forward you will benefit from this technique every time you wish to create and redefine your life. After lunch, how to **create an active altar and setting a high vibrational sacred space** will be shared with you. The weekend concludes with a **closing ceremony**, light snack and opportunity to preview future opportunities with Illumination Tours

### Throughout your 3 Day Stay - enjoy

- **Fresh fruit and vegetables** available 24 hours
- **Video conference** room available with green screen etc - fun for recording your 'ah ha' moments and virtual sharing
- Access to the **yoga/Pilates** equipment and room
- Community's **pool and waterfall** amenities
- **Fireplace** gatherings & outdoor relaxation
- **COVID compliance** worry-free weekend

### Gifts from Us to You

- **Owning Your Beauty** book by Eva Vennari
- Customized face care line by **Mastery Blends**
- Hand outs of techniques and notes from all specialized experiences
- **Skin Brush** & bottle of **Ancient Face Mask**
- **The Elevate Institute** brand **Detox Foot Soak**
- The best and newest part of you for an amazing future